



Sunnyvale

Recreation Services Division Aquatics Program Update

Veronica Torrez and Kelsey Christian
Parks and Recreation Commission Meeting
November 12, 2025





Aquatics Program- Staffing

Full Time Staff

- Manager
- Recreation Coordinator
- Asst. Recreation Coordinator

Casual Staff

- Pool Managers
- Asst. Pool Managers
- Lifeguards/Swim Instructors



Conferences and Education

- Attended the Association of Aquatic Professionals Conference and National Water Safety Conference- February 2025.



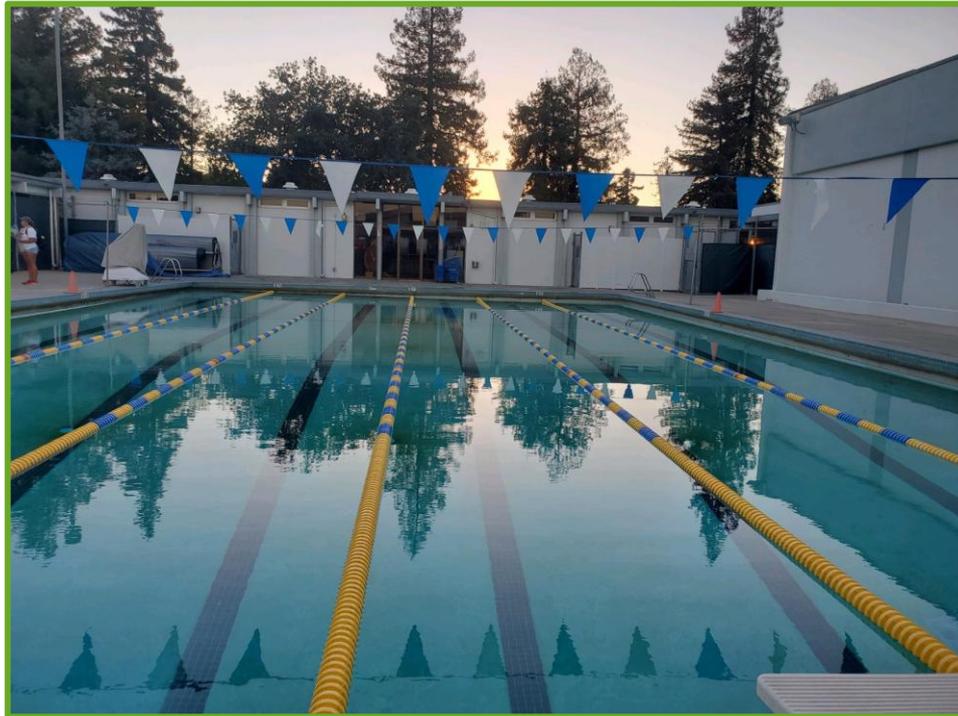
Partnerships

- Partnered with DPS for simulated pool emergency drill (June).



Partnerships

- Partnered with the Sunnyvale Middle School PE department to assist with their swim lesson units.



Staff Trainings

- Monthly lifeguard in-service meetings
- Weeklong in-service prior to summer season
 - ◆ Lifeguard Academy Day
 - ◆ Swim Lesson Academy Day



Aquatics Program

Pools

- Sunnyvale Swim Complex
- Washington Community Swim Center
- Sunnyvale Middle School
- Columbia Middle School





Aquatics Programs

Lap Swim

- Monday- Friday and Saturdays (Sunnyvale Swim Complex)
- Tuesday and Thursday (Washington Community Swim Center)
- FY 24/25
 - 17,700 participants

Aquatics Programs



Sunnyvale

Water Fitness

- Shallow Water Fitness
- Deep Water Fitness
- Aqua Yoga
- Water Walking
- Ai Chi
- 997 participants

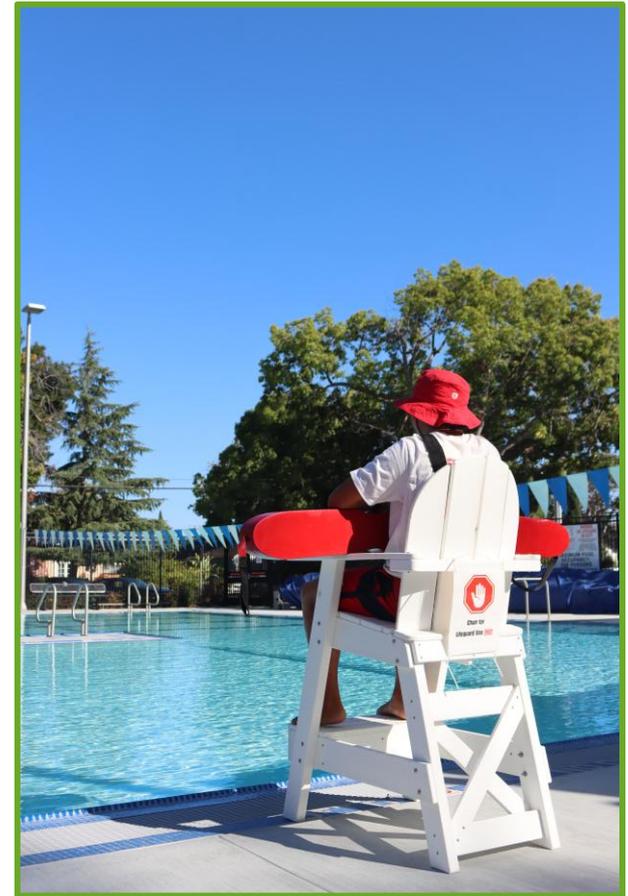




Aquatics Programs

Red Cross Lifeguard Training

- 4 Lifeguard Instructors (LGI) on staff
- 12 classes taught in FY 24/25
- 75 participants were certified



Aquatics Programs

Summer

- Swim Lessons
- Splash 'n Dash Camps
- Junior Lifeguard Training
- Recreation Swim
- Modification of year-round programs



Year Round (Sept. – May) Schedule



Year Round 2025						
Days	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-6:30						
6:30-7						
7-7:30						
7:30-8						
8-8:30						
8:30-9						
9-9:30						
9:30-10						
10-10:30						
10:30-11						
11-11:30						
11:30-12						
12-12:30						
12:30-1						
1-1:30						
1:30-2						
2-2:30						
2:30-3						
3-3:30						
3:30-4						
4-4:30						
4:30-5						
5-5:30						
5:30-6						
6-6:30						
6:30-7						
7-7:30						
7:30-8						
8-8:30						

Swim Lessons

- 319 lessons offered
- 1,707 participants
- Locations:
 - Washington Swim Center
 - Sunnyvale Swim Complex
 - Columbia Middle School





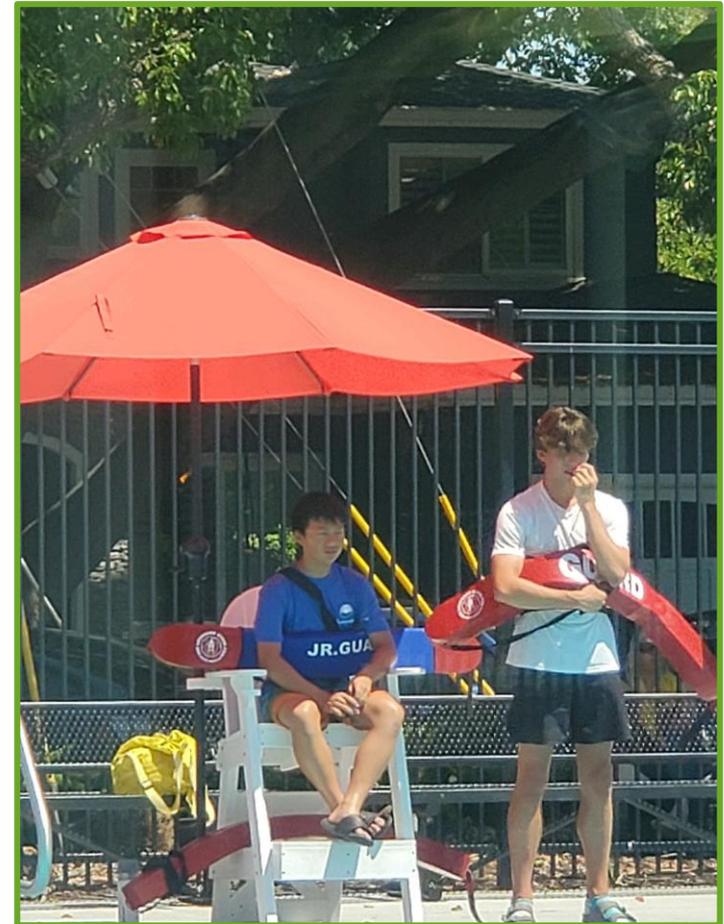
Splash n Dash Camp

- Locations: Washington Swim Center and Columbia Middle School
- 318 participants
- 8 weeks of camp at Washington
- 5 weeks of camp at Columbia
- Camp includes a swim lesson and recreation swim each day



Junior Lifeguard Program

- 18 participants
- Ages 13 – 16
- Three participants volunteered in summer programs



Water Polo Camp

- 10 participants
- Ages 11 – 14
- New camp in 2024
- Taught by staff with water polo experience



Recreation Swim

- 7,789 participants
- Locations:
 - Washington Community Swim Center (61 days)
 - Columbia Middle School (22 days)



Pool Party Rentals

- Offered weekends June – September
- Community Room Rental with private pool access
 - 24 rentals



Questions?

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