



Sunnyvale

Services for Seniors

Jason Martin, Adult Services Librarian
Board of Library Trustees
January 5, 2026



Agenda

- Demographics
- Goals
- Collections
- Programs and Services



Demographics



Seniors in Sunnyvale

Total Sunnyvale Population: 159,673

People age 50+: 44,223 (about 27%)

Age 65+: 20,594

Age 75+: 8,912

Population from California Department of Finance, 2025 <https://dof.ca.gov>
Other statistics from American Community Survey, 2024 <https://data.census.gov>

Terminology and Age Ranges Can Vary



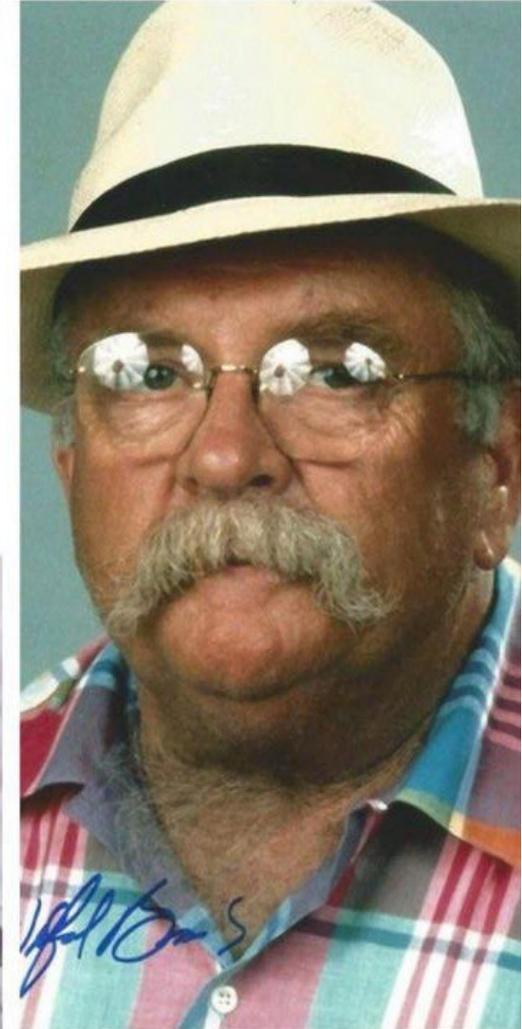
Senior Mondays

\$6* Tickets for all guests 62+

*Excludes IMAX, GDx, Fathom, 3D, and Specialty Shows.

Turning 65?
Need Medicare?

The graphic features a red background with the text 'Senior Mondays' in white. Below the text is an illustration of five diverse elderly people. To the right of the illustration is the text '\$6* Tickets for all guests 62+'. Below this is a smaller line of text: '*Excludes IMAX, GDx, Fathom, 3D, and Specialty Shows.' At the bottom of the graphic is a white box with a black border containing the text 'Turning 65?' in red and 'Need Medicare?' in black.



Goals for Senior Services



- Help seniors:
 - Learn new skills or stimulate their mind
 - Reduce isolation and loneliness
- Add new services for people with dementia and their caregivers

Collections



- 21,825 cardholders 50+
- 2,964 large print books
- 2,817 physical audiobooks
- 45,298* downloadable books (audio or eBook)

Targeted Programs: Cultural and Community Building

- Senior Center Book Group
- Classic Film Club
- Lunchtime Librarian

SUNNYVALE PUBLIC LIBRARY

CLASSIC FILM CLUB

FALL 2025

EVERY 2ND THURSDAY OF THE MONTH

SEPT. 11 **HIS GIRL FRIDAY (1940)**
LIBRARY PROGRAM ROOM @ 1PM

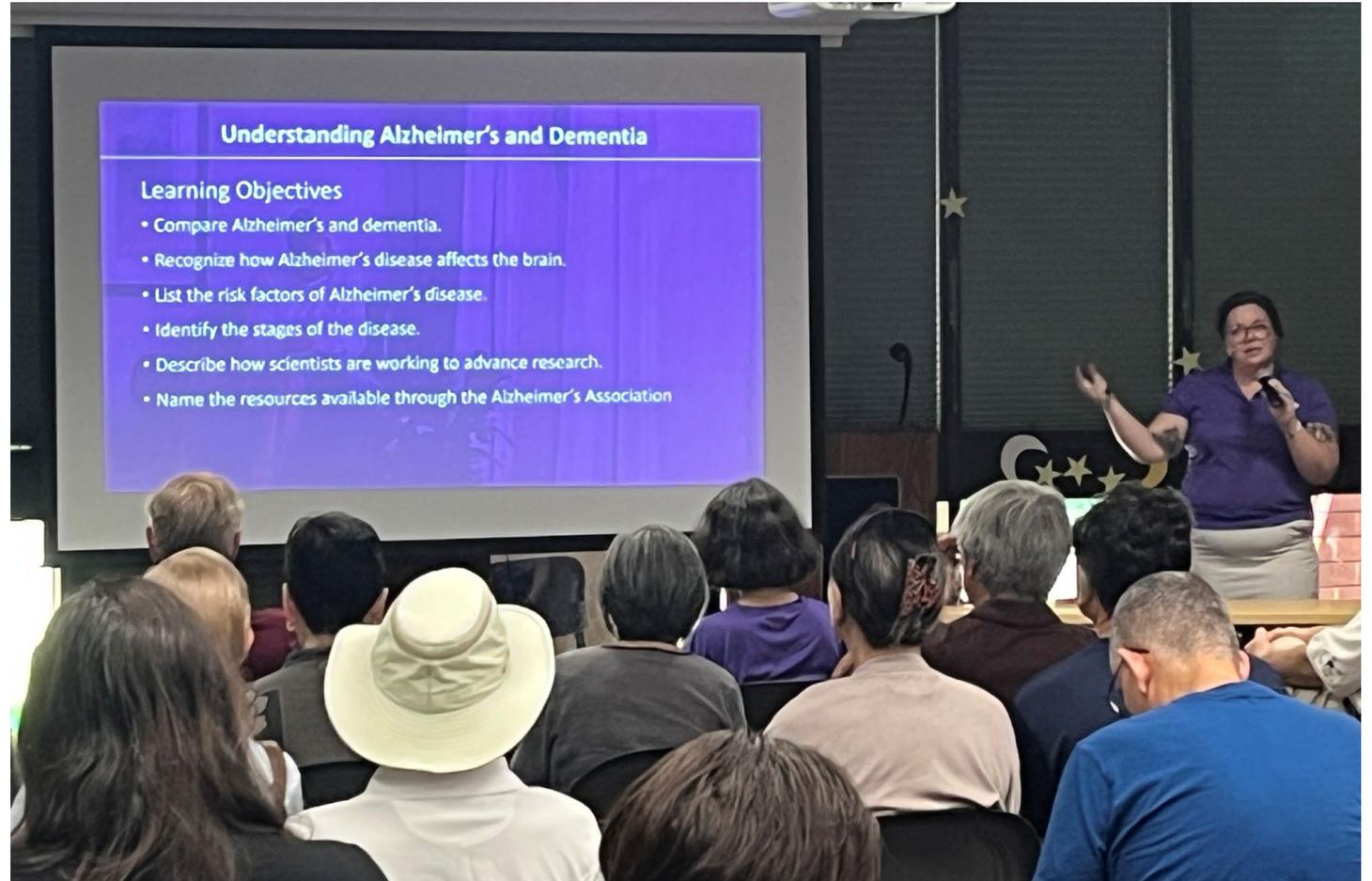
PSYCHO (1960)
LIBRARY PROGRAM ROOM @ 1PM

OCT. 09

NOV. 13 **DOUBLE INDEMNITY (1944)**
LIBRARY PROGRAM ROOM @ 1PM

Targeted Programs: Educational

- Get Connected
- EasyTech Seniors
- Alzheimer's Association Talks



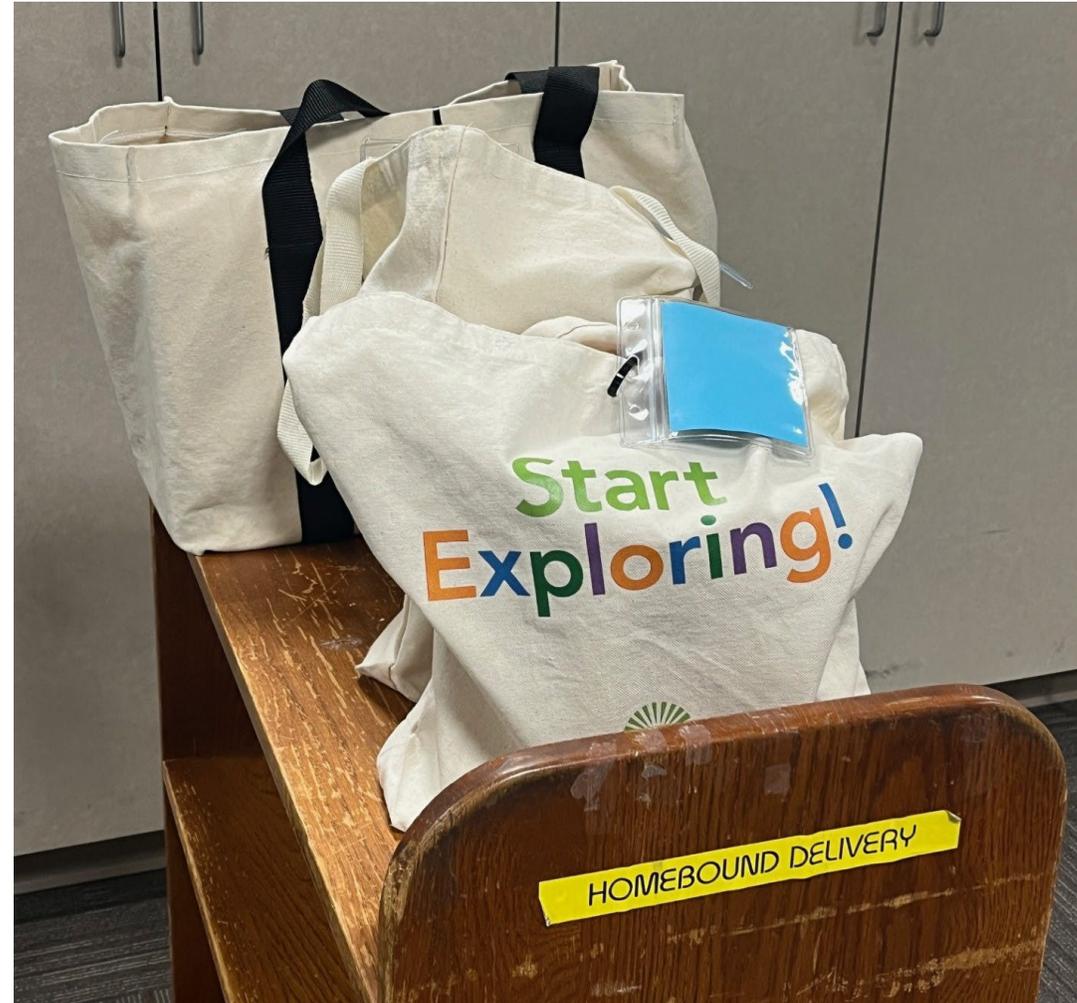
General Adult Programs

- Arts and Crafts
- Sewing Lab
- Zen Coloring
- Online Book Group
- Talks (UC Master Gardeners, Asian Art Museum, Author Talks)



Other Services

- Homebound Delivery
 - Serving 38 clients in 5 languages
 - “The library keeps me breathing and smiling.” - Pat



Other Services (Continued)

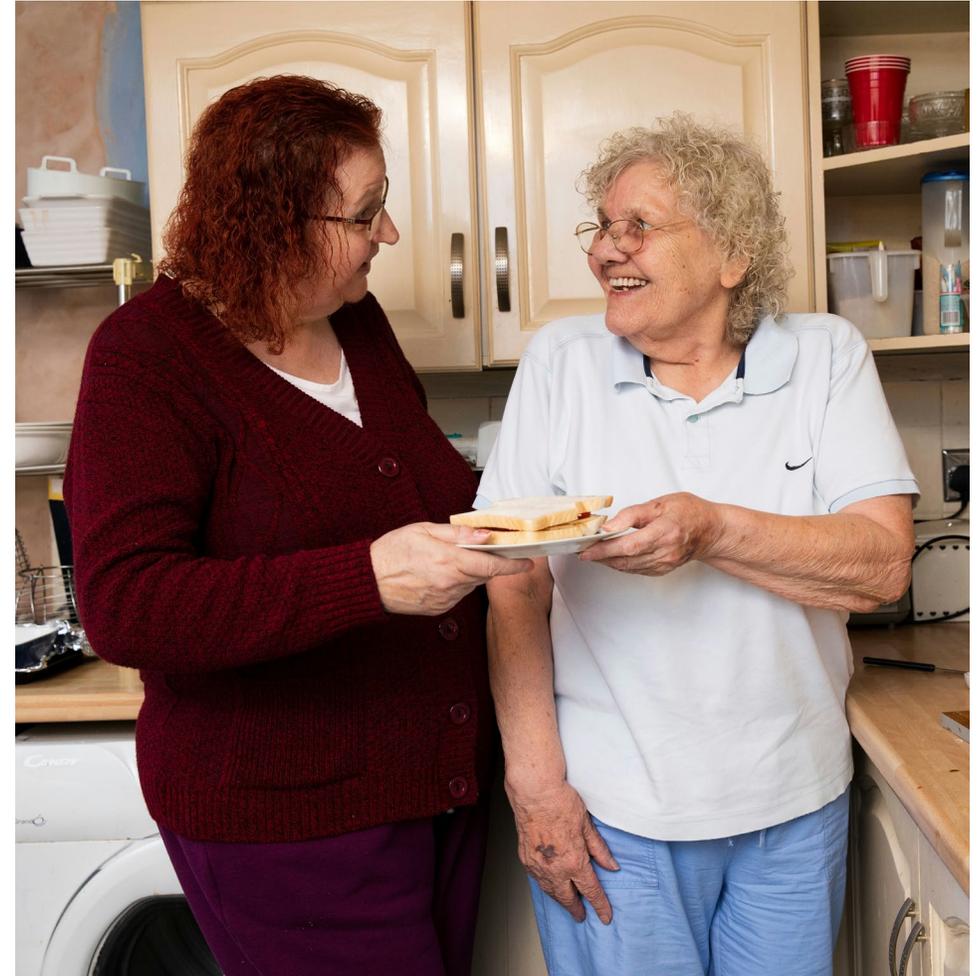
- Volunteering
 - Get Connected
 - ESL
 - Literacy tutors



Want to join our dedicated volunteer team? Contact us!
librarystaff@sunnyvale.ca.gov or literacyap@sunnyvale.ca.gov

Caregiver Support Needed

- Sunnyvale's Age-Friendly Action Plan Focus Group
- Alzheimer's Association:
 - Caregivers often unpaid, 31 hours per week
 - Stress of caregiving can lead to clinical depression and health issues



Caregiver Support (continued)

- Pacific Library Partnership Grant:
 - Memory Kits
 - Intergenerational programs with teens and seniors



(example kit from John P. Holt Brentwood Library in Tennessee)

Thank you!

