



Sunnyvale

Services to Older Adults

Jason Martin, Adult Services Librarian
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Board of Library Trustees, January 6, 2025



Agenda

- Background
- Collections
- Programs
- Services
- Partnerships
- Upcoming Initiatives



Background: Demographics



Seniors in Sunnyvale

Total Sunnyvale Population: 157,566

People age 50+: 43,485

Households with at least 1 person age 60+: 17,587

Age 60+ person living alone: 4,940

Background: Necessity of Connection for Older Adults



- 50% increase in risk of developing dementia
- 29% increase in heart disease risk
- 32% increase in risk of stroke

Our Epidemic of Loneliness and Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community (2023)

Older Adults: Collections



- 47,829 cardholders 50+
- 3,492 large print books
- 4,220 physical audiobooks
- 102,379 downloadable books (audio or ebook)

Older Adults: Targeted Programs



- Senior Center Book Group
- Senior Game Hour
- Matinee Movies
- Get Connected

Older Adults: Other Programs



- Art programs
- Financial Planning
- Zen Coloring
- Death Café
- UC Master Gardeners

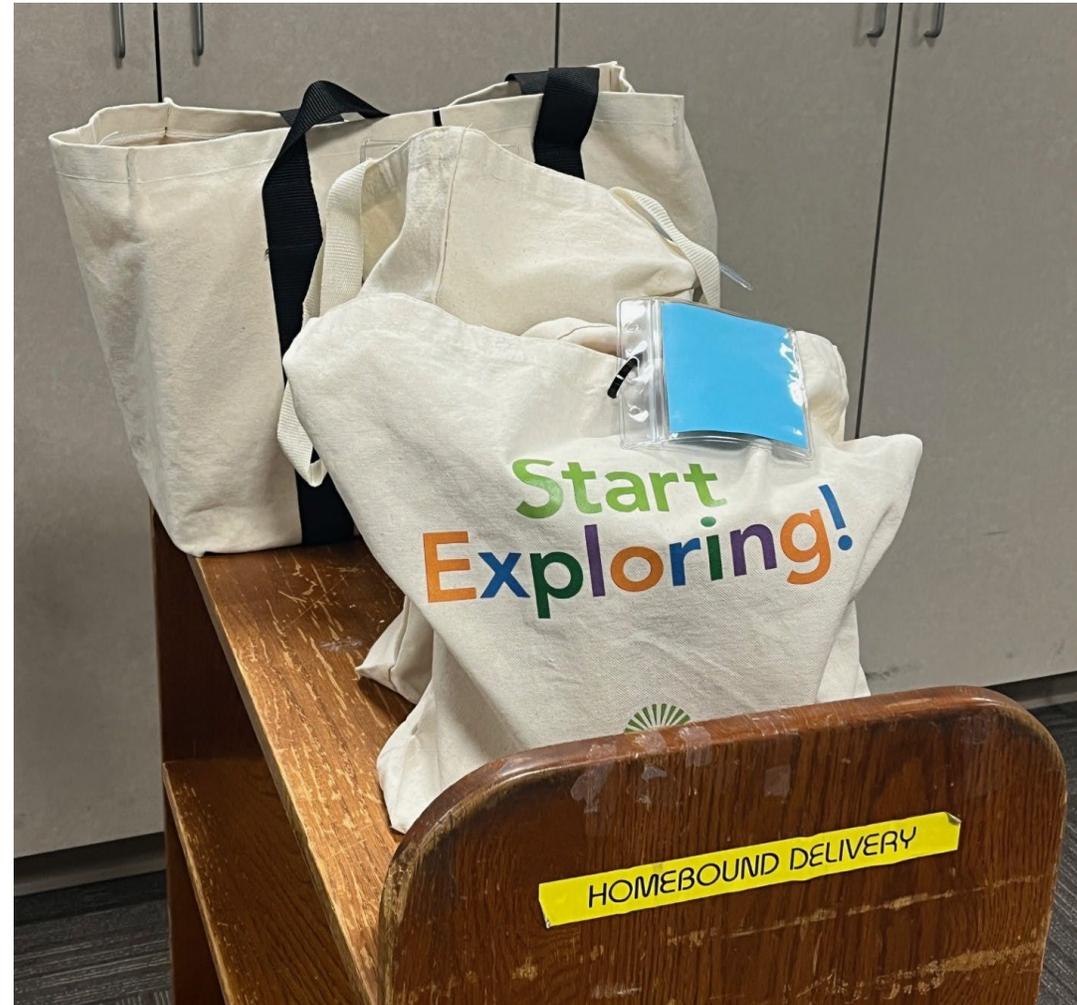
Older Adults: Services

- Volunteering
 - ESL
 - Get Connected
 - Literacy tutors



Older Adults: Services (continued)

- Homebound Services: serving 48 clients, in 5 languages
- Literacy students: 5 older adults, including one in her 70s



Partnerships



- City of Sunnyvale Recreation
- Alzheimer's Association
- Assisted living facilities

Upcoming Initiatives

- Needs assessment geared toward seniors
- Recruiting additional assisted care facilities
- Identifying other successful library programs



Thank you!

