



Age-Friendly Sunnyvale: Status and Next Steps

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Age-Friendly Sunnyvale

- Overview
 - ◆ What is Age-Friendly
 - ◆ Library and Community Services Department's Age-Friendly Process
 - ◆ Next Steps



Sunnyvale

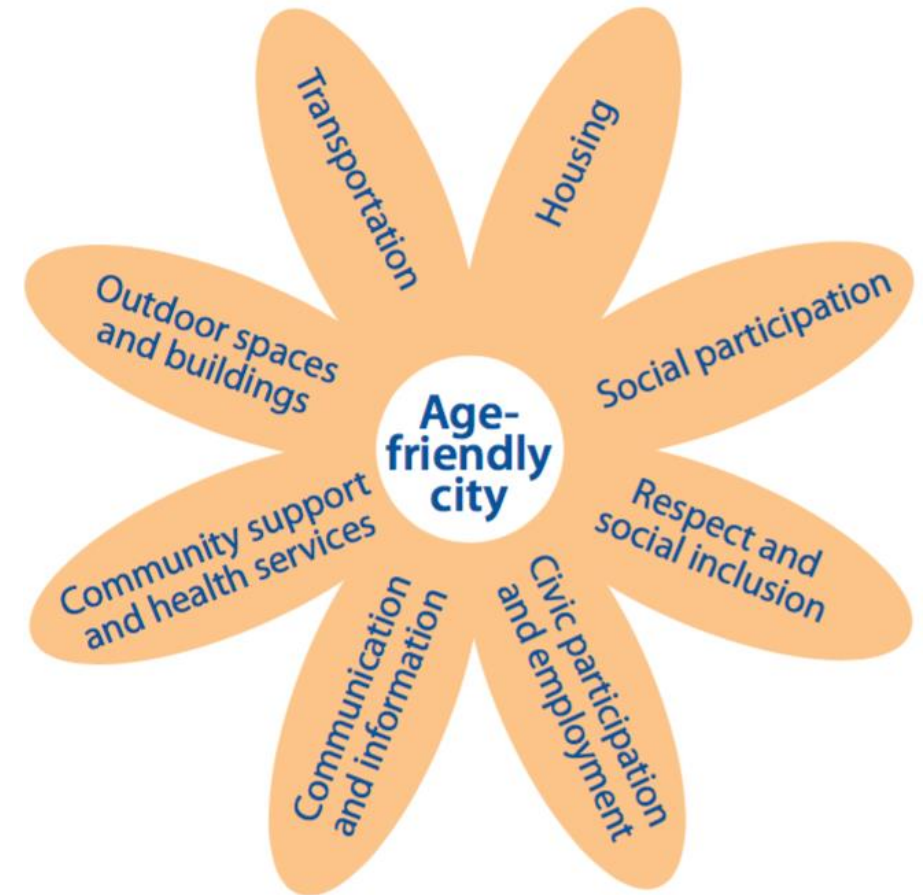


WHO Global Network
for Age-friendly Cities
and Communities

Age-Friendly Sunnyvale

What is an Age-Friendly City?

- A city whose elected officers have made the *commitment* to actively work toward making their town, city, county or state a great place for people of all ages
- Research was done throughout the world by WHO to determine what amenities optimize and enhance the quality of life for residents as they age



Age-Friendly Sunnyvale

Purpose

- 1) To identify Age-Friendly actions/policies within Sunnyvale
- 2) Inform other departments as they update or implement general plan items or specific studies
- 3) Provide a framework that the Library and Community Services Department (LCS) can utilize in implementing age-friendly initiatives
- 4) Re-frame the City's perspective of an aging population and share resources among the community to support livability for all ages

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Sunnyvale was designated an Age-Friendly City in 2017

- Santa Clara County became the first county in the country to have all of its cities receive an Age-Friendly designation
- To be designated as an Age-Friendly, each City submitted an application to WHO and/or AARP and committed to developing a three-year action plan highlighting current and proposed Age-Friendly actions



Growth of Sunnyvale's Older Adult Population

1970	2018	2060
4.5%	11%	Approx. 25%

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Assessment

- What is important to Sunnyvale residents as they age?
 - ◆ Citywide survey conducted with responses from 388 older adults.
 - ◆ 12 focus groups conducted throughout the City.
 - ◆ Input from seven non-profit community partners.



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Assessment Results

- 81% rated Sunnyvale a very good place to live as they age
- 76% have lived in Sunnyvale for over 15 years
- 52% feel strongly they want to remain in Sunnyvale as they age
- 92% want to be able to live independently in their own home as the age



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Assessment Results

Examples of Priorities Identified

- Transportation
- Housing
- Ability to access fitness programs/remain active
- Access to internet and technology



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Current Age-Friendly Efforts

Age-Friendly Domains Departments Involved	Examples of current City of Sunnyvale Age-Friendly Actions
<u>Outdoor Spaces and Buildings</u> Public Works, Public Safety, LCS	Department of Public Works provides parks and open space through their 20-year park capital improvement plan.
<u>Transportation</u> Public Works, LCS	Local non-profits provide some transportation assistance. Care managers provide resources.
<u>Housing</u> Housing, ESD, Finance	CDD offers grants to low-income residents who are disabled to retrofit their home. Local non-profit offers one-time rental or utility assistance.
<u>Social Participation</u> LCS	Senior Center and Library offer a variety of free or low cost programs and events to serve a diverse community. Care management program reaches out to isolated seniors.

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Age-Friendly Domains

Age-Friendly Domains Departments Involved	Examples of current City of Sunnyvale Age-Friendly Actions
<u>Respect and Social Inclusion</u> LCS	Senior center has a senior advisory council. Proclamations are done two times per year at council to recognize older adults.
<u>Civic Participation and Employment</u> NOVA, Human Resources, LCS	Department of Human Resources operates a volunteer resources program. NOVA provides employment assistance.
<u>Communication and Information</u> City Manager's Office, LCS, Finance	City Manager's Office oversees advisory committees, boards and commissions that encourage the sharing of information across cultures. Finance Department provides support to older adults that call in.
<u>Community and Health Services</u> DPS, LCS	Department of Public Safety provides emergency preparedness courses for senior center and crime prevention classes.

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What's Next

- Formation of an Age-Friendly steering committee to review action plan.
- Completion of a three year action plan for submittal to AARP and WHO by October 2019

TOTAL INDEX SCORE



[Livability Score](#) ?

CATEGORY SCORE

48	HOUSING Affordability and access
61	NEIGHBORHOOD Access to life, work, and play
55	TRANSPORTATION Safe and convenient options
39	ENVIRONMENT Clean air and water
66	HEALTH Prevention, access and quality
35	ENGAGEMENT Civic and social involvement
52	OPPORTUNITY Inclusion and possibilities